

Sexuality Resources: Book and Web Suggestions

KIDS

Amazing You, Dr. Gail Saltz (P, E)
Asking About Sex and Growing Up, Joanna Cole (E+)
Bellybuttons Are Navels, Mark Schoen, Ph.D
Boy's Guide to Becoming a Teen, American Medical Association (late E+)
The Care and Keeping of You, Valerie Lee Schaefer (American Girl Library) (E+)
Girl Stuff: A Survival Guide to Growing Up, Margaret Blackstone & Elissa Haden Guest (E+)
The Guy Book Mavis Jukes (M+)
How Babies Are Made, Andrew C. Andry & Steven Schepp (P+)
How You Were Born, Joanna Cole (P+)
It's a Girl Thing, Mavis Jukes (late E+)
It's My Body, Lory Freeman (P+)
It's Not the Stork, Robie H. Harris (late P+)
It's Perfectly Normal, Robie H. Harris (late E+)
It's So Amazing, Robie H. Harris (late E+)
Mommy Did I Grow in Your Tummy? Where Some Babies Come From, Elaine R. Gordon, Ph.D (P+)
What's Happening To Me? Peter Mayle (late E+)
What's In There? All About Before You Were Born Robie H. Harris (P+)
What's the Big Secret? Laurie Krasny Brown, Ed.D & Marc Brown (E+)
Where Did I Come From? Peter Mayle (late E+)
Where Do Babies Come From? Ruth Hummel (mid E+)
Who Has What? All About Girls' Bodies and Boys' Bodies Robie H. Harris (P+)
Questions Children Ask and How to Answer Them, Dr. Miriam Stoppard (P+)

PARENTS

Beyond the Big Talk, Debra W. Haffner (mid E+)
But How'd I Get In There In the First Place? Deborah M. Roffman (P+)
Everything You Never Wanted Your Kids to Know About Sex (but were afraid they'd ask) Justin Richardson, M.D. & Mark Schuster, M.D., Ph.D(M+)
From Diapers to Dating, Debra W. Haffner (P+)
The Real Truth About Teens and Sex, Sabrina Weill (M+)
Sex and Sensibility, Deborah M. Roffman (E+)
So Sexy So Soon: The New Sexualized Childhood, Diane E. Levin, Ph.D. & Jean Kilbourne, ED.D. (E+)
When the Breast Fairy Comes, Stacey L. Roberts (mid E+)

Why Do They Act That Way? David Walsh, Ph.D (M+)

P=Suitable for Pre-Schooler

E=Suitable for Elementary School

M=Suitable for Middle School

H=Suitable for High School

+ = And older

GOOD WEBSITES

www.myhealthmn.org

www.teenwisemn.org

www.plannedparenthood.org

www.talkingwithkids.org

www.advocatesforyouth.org

www.birdsandbees.org

www.itsyoursexlife.org

www.iwannaknow.org

Compiled by Kristin Shelley, 2014